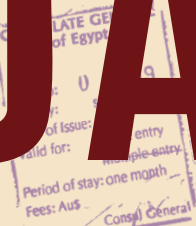
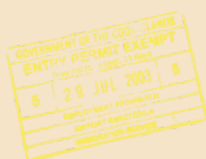




# TOAST OFFICE

## MENU



# ARRIVAL AT EDEN

141 FLORIDA ROAD



**TOAST**  
OFFICE

Map of our oasis

## PAIRIDAEZA

'a walled garden'

Some cities hide their best places.  
This is one of ours.

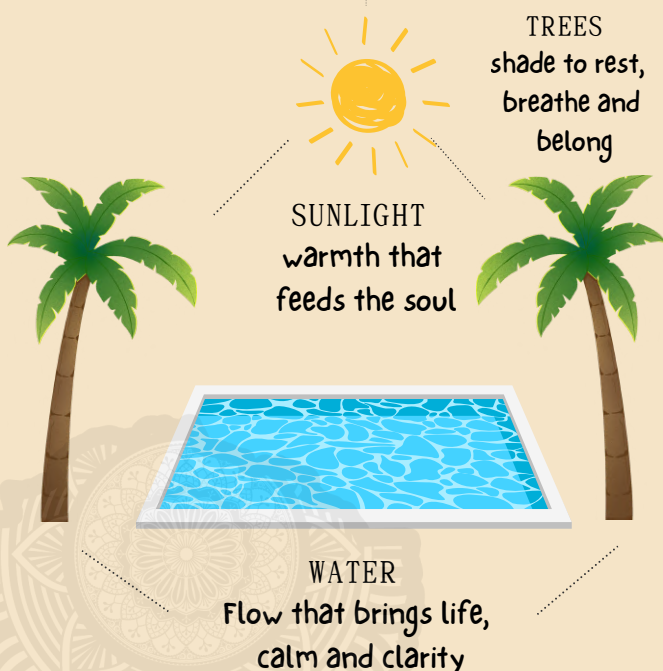


the Persians had a word for a  
garden designed around water,  
trees, sunlight and open space

## PAIRIDAEZA.

it's where our word paradise comes from.

tucked away behind  
141 Florida Road  
Eden Hotel  
toast office



FOOD  
comforting,  
honest  
and  
made with care



COFFEE  
fuel for ideas  
conversation  
and  
slow moments



CONNECTION  
connect, exhale,  
journal, hangout and  
chill.

LET'S CONNECT

0672792260

@TOASTOFFICE\_ZA

WWW.TOASTOFFICE.CO.ZA

COME FOR THE FOOD,  
STAY FOR THE PAUSE

# BREAKFAST

## **BUTTERMILK PANCAKES | R75**

Served with butter blocks and syrup.  
Add Nutella | Ice cream | Fresh fruit  
| Choc chips | Caramelized Banana | R25



## **SMOKEY BREAKFAST BAGEL | R105**

Lightly toasted bagel with smokey lamb rashers, sliced cheese and scrambled eggs.

## **EDEN EGGS ON TOAST | R50**

Two eggs your way, served with grilled tomato, salami, a nibble of fries, toast.

## **FULL ENGLISH BREAKFAST | R125**

Two eggs your way, sausage, lamb rashers, grilled tomato, mushrooms, baked beans, toast.

## **COUNTRY BREAKFAST | R125**

Two eggs, crumbed halloumi bites, avocado, mushroom.

## **TOAST OMELETTE | R125**

Three eggs folded with cheese, mushroom, lamb rashers, tomato and chilli, with toast.

## **MENEMEN | R125**

A Turkish breakfast classic of sunny-side-up eggs with slow-cooked tomatoes, peppers and onions, served with warm flaky paratha.

Add another Paratha +R20 each

## POPULAR BREAKFAST ADDITIONS

Salami (4) | R35

Avo | R30

Lamb rashers | R35

Baked beans pot | R25

Cocktail lamb sausage(2) | R35 | Crumbed halloumi bites | R30



# BAGELS

## SHMEAR | R80

A generous layer of cream cheese on a toasted bagel. 🟢

Add red onion and capers R10/ Avo R30

/Add scrambled egg R10

/Smoked Salmon R55 (40g)

## DELI COLD CUT BAGEL | R125

with a nibble of sweet potato fries  
Roast beef slices, cheese, jalapeño,  
caramelized onion, salad &  
honey mustard mayo.

## GO-TO SALMON BAGEL | R115

Smoked salmon, cream cheese,  
red onion & capers.

## CAJUN CHICKEN BAGEL | R120

Avocado, cream cheese and jalapeño  
with sweet chilli mayo.

## THE EARTH IS ROUND CRISPY CHICKEN BAGEL | R120

Crumbed chicken, cheese, mayo slaw & kimchi  
on a New York bagel.

# HOAGIE

## DELI SUB | R125

Roast beef slices, cheese, jalapeño,  
caramelized onion, salad &  
honey mustard mayo.

## THE 345 | R135

Grilled steak and onion, cheese, jalapeno, peppadew and signature sauce.

## LOADED 345 | R160

Grilled steak and onion, cheese, jalapeño, peppadew and signature sauce loaded with  
masala chips and salami.

The locals call it a hoagie. Drive a few hours north to New York and you'll hear hero instead. Across America it's also known as a sub or grinder. Different names, same mission: a long roll, packed with great fillings, ready for the road.





# BOWLS

**031 BOWL | R60**

Masala chips, with salami and peri mayo sauce.

**BUTTERNUT SOUP | R90**

Roasted butternut soup, slow-simmered with warming spices and served with toast on the side. 🌱

**MUSHROOM ALFREDO PASTA | R130**

creamy mushroom

Alfredo pasta, finished with Parmesan. 🌱

**CHICKEN ALFREDO PASTA | R135**

tender grilled chicken folded through creamy mushroom  
Alfredo pasta, finished with Parmesan.

**COUS COUS | R130**

Roasted mediterranean veg on a bed of couscous, with falafels and halloumi bites, hummus, tzatziki. 🌱

Optional add on

Grilled Portuguese Chicken Strips



In Italy, ordering a Cappuccino after 11:00 AM is considered a culinary crime. But ordering a Tramezzino at midnight? That's just la dolce vita. (We won't tell the Italians if you have a pasta bowl for breakfast, though. Your secret is safe with us.)

# TRAMEZZINI

**VEG TRAMEZZINI | R130**

Roasted veg, brinjal, mozzarella, feta, hummus and rocket. 🌱

**CHICKEN TRAMEZZINI | R130**

Cajun grilled chicken, avocado, green pepper, jalapeno, cheese and peri mayo.

**STEAK TRAMEZZINI | R140**

Grilled steak strips and onion, cheese, tomato, jalapeno, peppadews with signature sauce.

**LOADED STEAK TRAMEZZINI | R165**

Steak Tramezzini topped with Masala spiced chips and salami.

## SIDES

CRINKLE CUT FRIES | R50

CHIPS | R50

SWEET POTATO CHIPS | R50

WEDGES | R50

## ADD ON

CHARRED PINEAPPLES | R20

ADD AVOCADO | R30

SIDE SALAD | R30

KIMCHI | R30

# SANDWICHES

## CHEESE & TOMATO | R65

A blend of mozzarella and gouda with a slice of tomato. 🍅

## CHILLI SHROOM | R80

Cheese, mushroom, aubergine, onion, chilli. 🍅

## PASTRAMI & CHEESE | R80

Deli roast beef with mozzarella, gouda and caramelised onion.

## CHICKEN & MAYO | R80

Cajun OR Peri shredded chicken in zesty peri-mayo, signed for flavour.

## STEAK SANDWICH | R120

Shredded steak, cheese, chilli salami and chips with signature sauce

## CRUMBED CHICKEN SANDWICH | R115

Crumbed chicken, fresh greens, cheese, jalapeño, and peri-mayo

# CRUMBED

## Slider Duo & Fries | R50

Two crumbed chicken sliders topped with sliced cheese and mayo, served with a nibble of fries.

### Crumbed Bites

Onion Rings | R50

Mushroom Bites | R60

Halloumi Bites | R60

## CRUMBED CHICKEN STRIPS | R110

Crumbed chicken strips served with sweet chilli sauce & chips.

## CRUMBED CHICKEN BURGER | 110

Crumbed chicken fillet with sliced cheese, mayo pickle & a nibble of fries.

## MIXED BASKET | R120

A mix of our favourite bites.

Served with Dips - Garlic, Honey Butter, Sweet Chilli.

Fun Fact: In Germany and Austria, bread is considered a sacred food. There are over 3,200 officially recognized types of bread in Germany alone.





# WRAPS

## **FALAFEL WRAP | R110**

Falafel, tzatziki, Middle Eastern salad. 🇬🇷

## **GARDEN WRAP | R110**

Spicy chicken, avocado, cheese, jalapeño, peri mayo, chopped salad and mixed greens.

## **LOADED TIKKA WRAP | R110**

Tikka chicken, chips, cheese, peri mayo, chopped salad mix.

## **LOADED CRUMBED WRAP | R110**

Crumbed chicken, cheese, jalapeño, sweet chilli sauce, avocado & chips

## **LAMB KEBAB WRAP | R110**

Lamb kebab, chips, cheese, peri mayo, chopped salad mix.

# PLATES

## **GRILLED CHICKEN & PINE SALAD | R125**

Portuguese spicy sauce chicken served on a bed of crisp lettuce, tomato, onion and charred pineapple.

## **FALAFEL PLATE | R125**

Falafel served with pita, hummus, tzatziki, chopped salad & sweet potato chips. 🇬🇷

## **GRILLED CHICKEN PLATE | R125**

Portuguese grilled chicken, served with pita, tzatziki, chopped salad & sweet potato chips.

## **SHARING PLATTER | R200**

Falafel, grilled chicken strips, served with salad, pita & hummus.

## **KO SAMUI – FISH CAKES | R125**

Golden-fried Thai fish cutlets with dip and potato wedges.



# COFFEE

**ESPRESSO | R30**

Single shot

**DOUBLE ESPRESSO | R32**

Double Shot

**AMERICANO | R39**

Single shot espresso with hot water

**FLAT WHITE | R39**

Double shot of espresso over  
hot water

**CAFE MOCHA | R52**

Hot chocolate and a single shot of espresso with texturised milk

**ICED COFFEE | R58**

**MOCHA FREEZO | R58**

## CAPPUCCINO

Espresso with texturised milk.

**SHORT (Single shot) | R39**

**TALL (Double shot) | R49**

**CORTADO | R38**

Double shot of espresso with an equal amount of texturised milk

**CAFE LATTE | R45**

Single shot of espresso with texturised milk

**VANILLA/HAZELNUT LATTE | R52**

HOT OR COLD

**CHAI LATTE | R48**

**CHAI FREEZO | R58**

**DIRTY CHAI FREEZO | R58**

**SALTED CARAMEL FRAPPE | R58**

Why did the coffee file a  
police report?  
Because it got mugged!

ETHIOPIA

YEMEN



# TEA

FIVE ROSES TEA | R30

ROOIBOS TEA | R30

## FRESHLY SQUEEZED JUICE

ORANGE | R52

ORANGE & PINE | R52

PINE, CUCUMBER & MINT | R52

PINE, CUCUMBER, BEETROOT | R52

APPLE, BEETROOT, CARROT | R52

CARROT, APPLE, GINGER | R52

PINEAPPLE ONLY | R60

FLU SHOT | R40

## QUENCHERS

SLUSHED OR ON THE ROCKS

STRAWBERRY AND MINT | R50

KOLA TONIC | R48

PASSIONFRUIT | R40

LEMON & MINT | R48

매실 차 - K-TEA | R58



# MILKSHAKES

## CLASSIC | R60

Strawberry, Chocolate, Coffee, Milo

## KIDDIES SIZE | R45

Any of our delicious classic milkshakes in a smaller glass  
for kiddies to enjoy

## BOMBAY CRUSH | R75

Rose, vermicelli, topped with pistachio nut mix

## NUTELLA | R75

## KIDDIES SIZE | R60

ANY OF OUR DELICIOUS SPECIALITY MILKSHAKES IN A SMALLER  
GLASS  
FOR KIDDIES TO ENJOY

# SMOOTHIES

## BERRY BANANA SMOOTHIE | R65

Frozen yoghurt, blended berries, banana and honey

## PEANUT BUTTER SMOOTHIE | R65

Yoghurt, peanut butter, espresso, banana, dates, almonds and honey

## GO GET EM SMOOTHIE | R65

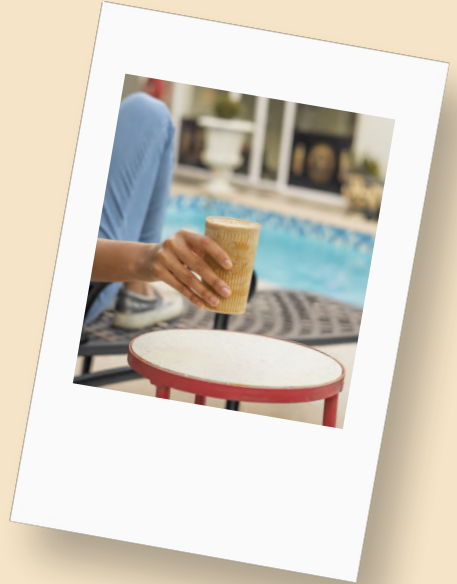
Yoghurt, milo, espresso, banana, dates, almonds and honey

*Fun Fact: The modern smoothie was essentially invented by a man named Stephen Kuhnau in the 1960s—he was lactose intolerant and wanted a healthier alternative to milkshakes. So, smoothies are technically "rebellious milkshakes." We approve.*

# POSTCARD HOME

Dear friend,  
Today i found a quiet  
courtyard hidden behind  
Florida Road. I stayed longer  
than I planned. The coffee  
was good. The food was  
comforting. You'd like this  
place.

See you here soon.



TOAST OFFICE  
141 FLORIDA  
ROAD,  
DURBAN,  
SOUTH AFRICA

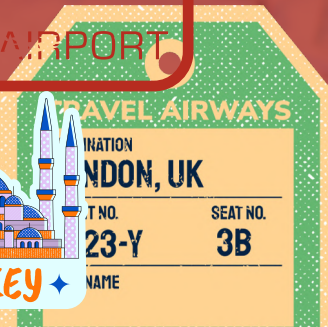
No passport  
required,  
just good  
coffee



LET'S STAY IN TOUCH

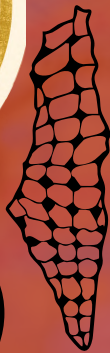
0672792260

@toastoffice\_za



jobs fill your pockets  
adventures fill your soul.

# SHORT TRIPS



BRING ME  
COFFEE



NEVER STOP  
EXPLORING

